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Last minute foods for Super Bowl: jazz up the foods you already bought!

February 6th, 2011 9:08 am PT



the man's holiday!
Photo: jasmine stull

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Still scrambling for last minute Super Bowl food ideas? Forget the football shaped cake and the frilly finger sandwiches; this is a man's day. So no matter how much you like football too ladies, let's be honest- we get Valentine's Day, he gets Super Bowl Sunday. Give him what he really wants: meat wrapped in meat.

You can easily create man worthy food from the things you have probably already purchased. Making burgers? Try stuffing those burgers with a little pig skin; bacon, that is. It is easier than it sounds, simply mold your burger patty a little larger than normal, place pieces of cooked bacon on top, and then some cheese, and place another patty on top that and mold the sides closed so the cheese doesn't melt off on the grill. You can serve this with the usual lettuce and tomato toppings, or try grilling some pineapple on the BBQ for a sweet surprise. Feeling even edgier? Buy a can of chipotle peppers and make chipotle mayo! Mix in as much of the chipotle sauce into the mayo as you like, add a little garlic salt, sweet pickle juice and paprika and this mayo might just make your hubby look away from

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the game for a second to thank you... but only for a second of course.

Is guacamole on your menu of Super Bowl items? Throw in some tomatillos for an extra zing that will keep your guests asking for your recipe! You can puree them smooth or throw them in chunky, it is delicious either way. Just remember to remove those husks! If you have never worked with tomatillos before, don't worry about the stickiness under the husk, that is normal and can simply be washed away. They are only 99 cents a pound at Rio Ranch Market in Banning right now until the 8th of February so grab them now!

For dessert, just keep it simple ladies. Most men don't have a huge sweet tooth anyway, so some simple cookies will do. Yes, these you can probably cut into the shapes of little footballs and get away with it. If you are looking to jazz it up, sugar cookies with one end dipped in some bakers chocolate is yummy and easy too.

And if we are worried about how everyone's tummies are going to feel after the big game (all that jumping around on some bacon filled burgers and beer can create quite a reaction) make some tea out of fresh ginger if anyone will have it. Ginger is a digestive aid and can be very soothing. If the guys are too cool for tea buy some ginger soda. Read the ingredients and make sure the soda has real ginger in it, not just "caramel color". Reed's Ginger Beer sold at health food stores and Gerrard's and Olive Ave Market in Redlands is fantastic and comes in cute little bottles.

Enjoy the game folks! And remember ladies, don't be selfish. Men don't get a lot of holidays, so let him scream, burp, run around with his beer belly out and eat way too much. He will be so full of testosterone and beer tonight you will get your reward for being such an awesome wife!



By [Jasmine Stull](#)
Beaumont Easy Meals Examiner

Jasmine Stull is a certified natural chef, trained in Berkeley, California. She has worked and lived in a Buddhist community in the city and as the...[Read more](#)

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