



- Main
- Recipes
- How-To
- Features
- Chefs & Experts
- Dinner Tonight
- Holidays & Parties
- Videos

Main > Features > Healthy Kitchen > The Best Natural Sodas: Our Taste Test Results

The Best Natural Sodas: Our Taste Test Results



By KitchenDaily Editors

READ ALL COMMENTS (167)

FILED UNDER:

Healthy Kitchen

540
 56
 589
 208

Like
 You like this. · Admin Panel · Insights · Error



Joseph Erdos, AOL

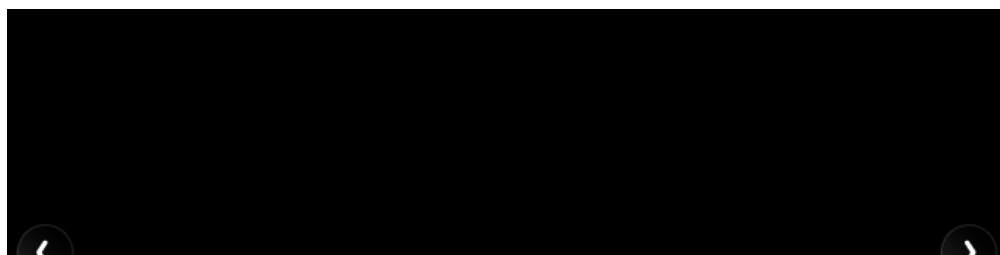
America's health-conscious crusade against soda has made it crystal clear that we're not supposed to drink the stuff -- it's bad for us, period. But it's important to note that not *all* sodas are the enemy; mostly just the type laden with high-fructose corn syrup and artificial ingredients. So when you're craving something sweet and sparkly, what to do?

The KitchenDaily editors gathered 16 different brands of all-natural sodas to find the best in a blind taste test. Not a single one of these brands contains high-fructose corn syrup -- most are flavored with cane syrup, agave nectar, or other noted natural sweeteners. With a few exceptions, we were pleasantly surprised by the whole pack of contenders -- and we were happy to find that the two winners (there was a tie!) were unknown to all of us. We're excited to help you discover some new favorites, too!

Scroll through our slideshow below for the results

See brand links in the slideshow below to find out where you can buy these sodas near you.

Natural Sodas: Taste Test Results



Advertisement

Follow KitchenDaily

- Newsletter
- Twitter
- Facebook

most popular

- Fry-Free Foods: 10 Crispy, Crunchy Chicken and Fish Dishes

Like 179
- Behind the Sandwich: Bark's Crispy Pork Creation

Like 159
- 10 Granola Recipes: Healthy Snacking Never Tasted So Good

Like 308
- The Many Ways With ... Pesto: One Recipe, 13 Ideas

Like 180



Photo: Joseph Erdos, AOL

Tied for 1st place: Reed's Ginger Brews

1 of 16

<http://www.reedsinc.com>

Available flavors: Spiced Apple Cider, Original Ginger Ale, Extra Ginger Ale, Premium Ginger Ale, Raspberry Ginger Ale, Cherry Ginger Ale

Comments: "Amazing. So fresh and different. Tastes homey." "The flavors are great, and maybe a little dessert-like." "Spiced apple tasted like apple pie. Yum!" "The Premium Ginger Ale tasted like pumpkin pie spices, and the ginger beer ... !!!"

Notable flavors: Premium Ginger Ale, Spiced Apple, Ginger Beer



More Articles

[15 Glorious Green Bean Recipes](#)
By KitchenDaily Editors



[Fry-Free Foods: 10 Crispy, Crunchy Chicken and Fish Dishes](#)
By KitchenDaily Editors



[6 Ways to Say Sayonara to Salt](#)
By KitchenDaily Editors



[10 Granola Recipes: Healthy Snacking Never Tasted So Good](#)
By KitchenDaily Editors



[12 Mouthwatering Barbecue and Grilled Chicken Recipes](#)

Like 531

food for thought



[Home Cook Conjures Up Harry Potter's 'Butter Beer'](#)
FoxNews

[World's Most Expensive Hot Dog](#) – FoxNews

[Best Frozen Fruit Bars](#) – Real Simple

[Take a Trip to Spain with Patatas Bravas](#) – YumSugar

from our sponsor ADVERTISEMENT



Play hide and seek with fiber! Piccolini created a whole range of white fiber pasta that looks and tastes just like regular pasta but with 3x more fiber.

• [Discover Piccolini!](#)